

2012 PRE-SEASON CAMP

SKATING and CONDITIONING

~ August 27 - August 29 ~

RI Sports Center — (Rte. 146) No. Smithfield, RI

This 3-day camp will emphasize proper skating technique and conditioning for the start of the upcoming fall/winter season. The high-tempo conditioning portion will be achieved through various techniques, including Variable Goal Training (VGT), the new and innovative skill concepts used in the Czech Republic by world-renowned coach Ludek Bukac.

Session time	Level
5:00 p.m. - 6:10 p.m.	Mite and Squirt ('05-'02)
6:20 p.m. - 7:30 p.m.	Peewee through High School ('01 and older)

~ Limited enrollment for both sessions ~

~ \$99.00 Payment due in full with application ~

Please make checks payable and mail to: RI Hockey Development, P.O. Box 7725, Cumberland, RI 02864

Name: _____ Date of Birth: _____

Address: _____ City/Town: _____ State: ____ Zip: _____

Telephone: _____ E-mail: _____

Position: _____ Current Team: _____ Level: _____

Release of Liability/Acknowledgment of Risk:

In conjunction with my son or daughter's participation in events sponsored by the Rhode Island Hockey Development. ("the Company"). I understand that participation in or observation of ice hockey may result in serious injury including permanent paralysis or death. I recognize and assume this risk and understand and agree that neither the company nor any of its officers, directors, shareholders, employees, agents, coaches or referees shall be responsible for any accidents, injury (including paralysis and/or death), loss of equipment or any other costs, expenses, damages or losses in connection with such participation. I hereby represent to the Company that my son or daughter is in good health and is fully able to participate in the rigorous physical activity of the Company sponsored ice hockey program. In the event of injury or illness, the Company has my permission to provide, or make arrangements for the provisions of, emergency first aid.

Parent/Guardian Signature

Date

For additional information, please visit www.rihockeydevelopment.com or call (401) 762-1588 x14.