



SKATING, SHOOTING & STICK HANDLING CLINIC



MONDAY NIGHTS SPRING/SUMMER 2012

RI Hockey Development Director Justin Laverdiere is offering a skating, shooting & stick handling clinic for 15 sessions on Monday nights , 4/30/12 through 8/20/12 (No session 5/28/12 & 7/2/12). This clinic will not be an overall skills clinic. It will focus specifically on skating; stick handling & shooting. The skating portion will focus on proper technique, stride, edges, explosive starts, cross-overs and overall agility skating. A weekly strength and conditioning program can be added in conjunction with this clinic through MJP Strength & Conditioning. If interested, contact: mike@mjpstrengthandconditioning.com.

—Cost: \$325.00 pre-registered or \$25.00 walk-on (space permitting)—

—Players must have a minimum of three years playing experience.—

—Limited to 30 players—

Session time	Level
5:00 p.m. – 5:50 p.m.	Mite and Squirt ('05-'02)
6:00 p.m. – 6:50 p.m.	Peewee through High School ('01 & older)

Please make checks payable and mail to: RI Hockey Development, P.O. Box 7725 Cumberland, RI 02864

Name: _____ Date of Birth: _____
 Address: _____ City/Town: _____ State: _____ Zip: _____
 Telephone: _____ Email: _____

Release of Liability/Acknowledgment of Risk:

In conjunction with my son or daughter's participation in events sponsored by the Rhode Island Hockey Development ("the Company") I understand that participation in or observation of ice hockey may result in serious injury including permanent paralysis or death. I recognize and assume this risk and understand and agree that neither the company nor any of its officers, directors, shareholders, employees, agents, coaches or referees shall be responsible for any accidents, injury (including paralysis and/or death), loss of equipment or any other costs, expenses, damages or losses in connection with such participation. I hereby represent to the Company that my son or daughter is in good health and is fully able to participate in the rigorous physical activity of the Company sponsored ice hockey program. In the event of injury or illness, the Company has my permission to provide, or make arrangements for the provisions of, emergency first aid.

 Parent/Guardian Signature

 Date

For additional information, please log on to www.rihockeydevelopment.com.